



A Guide for Christian-Based Rehabilitation Programs



Price: \$50.00
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Break Free Alliance is a program of the Health Education Council. Our mission is to reduce the prevalence of tobacco use among populations of low socioeconomic status.

The Fresno Rescue Mission (FRM) endeavors to glorify God by meeting the spiritual and physical needs of the least, the last and the lost.

How to Live Tobacco-Free: A Guide for Christian-Based Rehabilitation Programs

This Guide contains two curriculum Modules: Module One is designed to educate individuals on the health effects of tobacco use; Module Two is a guide for quitting. The curriculum also contains instructions for facilitators, reproducible handouts and a resource section to obtain additional information and materials. This resource was developed for use in all Christian-based recovery rehabilitation programs, including programs that are a part of the Association of Gospel Rescue Missions (AGRM).

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